

# **West Plains School District Community Resource List**

**\*\*Inclusion on this list does not constitute an endorsement or recommendation by West Plains RV-II Schools. This list is provided as a service to the families of this district.\*\***

## **MENTAL HEALTH PROVIDERS**

### **Ozarks Medical Center – Behavioral Health Care**

**1211 Porter Wagoner Blvd. (417) 257-6762**

Community based services for mental health needs including counseling, medication services, and case management services for adults and children. Services are available through intake. Payment options include Medicaid, Medicare, private insurance, and self-pay on a sliding fee scale. Other services may be available depending on the need of the client.

### **Missouri Crisis Access Response System (MOCARS)**

**1211 Porter Wagoner Blvd. (800) 356-5395 or (417) 257-6762**

If you or someone you know is in crisis and in need of immediate psychiatric help, please contact the Missouri Crisis Access Response System or MOCARS operated through Ozarks Medical Center – Behavioral Health. The crisis line is available 24 hours a day, seven days a week and is open to anyone in crisis.

### **Southern Missouri Community Health Center**

**1137 Independence Dr. West Plains, Mo. (417) 255-8464**

**Elizabeth Mahan, MSW, LCSW**

**Joseph Hackworth, MSW, LCSW**

Southern Missouri Community Health Center currently has two in-house therapists to address mental health needs. Payment options for both therapists include Medicaid, Medicare, private insurance, self-pay, and a sliding fee scale for those who qualify.

**Burton Creek Medical Clinic**

**805 N. Kentucky Ave. (417) 256-2111**

**LuAnn McKee, MSW, LCSW**

In addition to medical services, Burton Creek Medical Clinic has one in-house therapist who is able to serve children, individuals, and families. Payment options include Medicaid, Medicare, private insurance, self-pay, and sliding fee scale for those who qualify.

**Breakthrough Mental Health Services**

**203 E. Main St. (417) 778-5033**

**Megan York, MSW, LCSW**

**Tianna Niesen, MSW, LMSW**

Ms. York and Ms. Niesen provide counseling and therapeutic services to individuals, couples, and families. Please call for payment options with these new providers.

**Mental Health Guidance and Counseling**

**1208 Porter Wagoner Blvd. #5 (417) 256-4104**

**Matthew Green, MS, LPC**

Mr. Green provides counseling and therapeutic services to individuals, couples, and families. Payment options include Medicaid, Medicare, private insurance, self-pay, and sliding fee scale for those who qualify.

**Diversified Consulting and Mediation, LLC.**

**3407 Division Dr. (417) 256-0224**

**Ada Evans, MSW, LCSW**

Ada Evans provides therapy for children, couples, and families. She offers family mediation services related to custody, visitation, parenting responsibilities, and some parenting classes. Payment options include self-pay and limited Medicaid.

**Curtis Counseling, LLC.**

**1880 E. Maricopa Ave. Ozark, Mo. (417) 252-1942**

**Laura Curtis, MS, LPC**

Laura Curtis provides counseling services to improve the quality of life for families experiencing problematic behaviors relating to, but not limited to, ADHD, Attachment Disorders, divorce and custodial issues, issues related to foster care, and other behavioral issues. She currently serves individuals, children, families, and groups. Current payment options are self-pay and sliding fee scale.

**New Horizons Counseling, LLC.**

**408 Washington Ave. (OZBi) West Plains, Mo. (417) 372-7155**

**Dominica Kiefer, MS, LPC**

Ms. Kiefer provides counseling services to children, individuals, couples, and families. Payment options include self-pay and sliding fee scale with insurance and Medicaid/Medicare rights in application.

**Families First**

**Kim Barnes, MSW, LCSW (417) 293-8568**

Ms. Barnes provides therapeutic services to children, individuals, and families. She is a certified EMDR provider. She also provides some limited in-home counseling. Payment options include Medicaid, Medicare, insurance, self-pay, and some sliding fee scale.

**Mahan Therapy Services**

**3407 Division Dr. West Plains, Mo. (417) 256-1243 or (417) 293-8151**

**Elizabeth Mahan, MSW, LCSW**

Ms. Mahan provides therapy on a part time basis to children, individuals, and families. She accept self-pay or reimbursement through the Employee Assistance Program (EAP).

**Catherine Newton, LCSW, LLC.**

**OZBI 408 Washington Ave. West Plains, Mo. (417) 247-9888 or (417) 255-8783**

**Catherine Newton, LCSW**

Catherine Newton provides therapy services at the Ozarks Small Business Incubator. She serves multiple client groups. Please call for payment option information.

**Midwest Counseling and Assessment**

**OZBI 412 Washington Ave. West Plains, Mo. (417) 255-8790**

**Jenny Long, PsyD. Licensed Psychologist**

**Jessica Foster, LPC-S**

This group offers a variety of counseling, assessment, and e-therapy services. Please call for payment option information.

**Gillum and Associates, LLC**

**James Gillum, MS, LPC, CRADC**

**207 E. Main West Plains, Mo. (417) 818-7204**

Mr. Gillum is a Licensed Professional Counselor who also conducts SATOP (Substance Awareness Traffic Offender Program) and WIP (Weekend Intervention Program) classes.

## **DOMESTIC VIOLENCE RESOURCES**

**Christos House**

Domestic Violence Shelter and Support Services: (417) 469-1190 or (800) 611-5853  
Outreach Office – 1554 Imperial Dr. West Plains, Mo. (417) 256-3408  
Christos House Resale Shop – 305 Washington Ave. West Plains, Mo. (417) 257-7729

**Agape House**

Domestic Violence Shelter and Support Services: (417) 934-1811 or (800) 667-1811  
PO Box 550 Mountain View, Mo.

**Family Violence Center – Harmony House**

3404 E. Ridgeview St. Springfield, Mo. (417) 863-SAFE  
This facility is located in Springfield, Missouri, but provides services to the Howell County area.

**National Domestic Violence Hotline:** (800) 799-7233

**Missouri Coalition Against Domestic Violence:** (573) 634-4161

**National Sexual Assault Hotline:** (800) 656-4673

**Missouri Victim Assistance Network:** (800) 698-9199

**LEAD INSTITUTE:** Provides interpreter services for hearing impaired domestic violence victims. (800) 380-3323

**State of Missouri Attorney General's Office – Jefferson City, Mo.**

(573) 751-3321

The Attorney General's office for the State of Missouri provides a pamphlet of resources as well as information on how to apply for an order of protection and how prosecution works:

<http://ago.mo.gov/publications/domesticviolence.pdf> or 573-751-3321

**Legal Services of Southern Missouri**

313 Washington Ave. West Plains, Mo. (417) 255-0348

Low cost or free legal representation will be provided by an attorney for a variety of legal cases. An application must be submitted before an attorney may speak with you.

**Howell County Circuit Clerk**

35 Court Square West Plains, Mo. (417) 256-3741

If you are seeking an ex-parte order of protection from the Court, appropriate paperwork must be filled out. Information regarding this process may be located at the Howell County Circuit Clerk's office located in the Howell County Courthouse in West Plains, Mo.

**Safe at Home – Missouri Secretary of State Office**

(866) 509-1409

This service provided through the Missouri Secretary of State Office keeps the addresses of victims of domestic violence safe. After an application is made and acceptance into the program,

a victim will have an established post office box in Jefferson City with all mail going through this address. Please call the Missouri Secretary of State Office for more information or go to [www.sos.mo.gov](http://www.sos.mo.gov)

## **EDUCATIONAL/EMPLOYMENT SERVICES**

### **Adult Education and Literacy/HiSet**

308 Pennsylvania Ave. West Plains, Mo. (417) 255-7744

Joan Wright

Adult Education and Literacy classes are held regularly as well as classes for those who seek a high school equivalency or HiSet. Please leave a message if no one is available.

### **Early Childhood Education Services**

305 Valley View Dr. West Plains, Mo. (417) 256-6150 extension 4513

An extension of West Plains RV-II Schools, children who are ages 3 through 5 living in the West Plains School District, Fairview R-II, Glenwood R-8, Howell Valley R-1, Junction Hill C-12, or Richards R-5 schools who show significant developmental delays and or have a handicapping condition may be evaluated for eligibility in the program.

### **Missouri Department of Elementary and Secondary Education Vocational Rehabilitation**

3417 Division Dr. Suite 2 West Plains, Mo. (417) 256-8479

Disabled individuals who are seeking employment, advancement in their current job, or need assistance in keeping their current job may be eligible for services. An individual must apply for services in order to determine eligibility.

### **Missouri Career Center – West Plains office**

3417 Division Dr. #1 (417) 256-3158

If you are seeking employment or have questions about unemployment benefits, please contact the Missouri Career Center.

## **HOUSING OPPORTUNITIES/HOMELESS SHELTER**

### **Breckenridge Apartments**

Please contact the Manager at 2400 McFarland Dr. West Plains, Mo. (417) 256-8740

### **Clayridge Apartments**

1300 Seminole St. West Plains, Mo. (417) 257-1195 or (417) 293-4845

### **Grisham Properties**

215 E. Main West Plains, Mo. (417) 256-7159

**Housing Authority of West Plains**

Application for public housing opportunities within the city limits of West Plains may be made at:

302 Walnut St. West Plains, Mo. (417) 256-6663

**MACO Management Company, Inc.**

1488 W. 8<sup>th</sup> St. West Plains, Mo. (417) 255-9556

**Plainview Estates aka Mid-America Management**

Application for income based rentals is available at:

2700 Burke Ave. West Plains, Mo. (417) 255-0990

**Ozark Action, Inc.**

Application for Housing Choice Vouchers for housing located outside the city limits of West Plains may be made at:

710 E. Main St. West Plains, Mo. (417) 256-6147

**Seminole Apartments**

892 S. Thayer Ave. West Plains, Mo. (417) 256-1595

**West Plains Apartments aka Maco Management Co., Inc.**

Please call for an appointment and application at:

1214 Jackson St. West Plains, Mo. (417) 256-0996

**Samaritan Outreach Center (Homeless Shelter)**

715 Missouri Ave. West Plains, Mo. (417) 257-7792

**\*\* SEVERAL AREA REALTORS ALSO MANAGE RENTAL PROPERTIES. PLEASE COMPLETE A GOOGLE SEARCH FOR A COMPLETE LIST OF REALTORS. \*\***

## **FOOD RESOURCES**

If you need assistance with food, please contact one of the following agencies:

**Christos House (417) 256-3408**

**First Baptist Church – West Plains (417) 256-0308**

**First United Methodist Church – West Plains (417) 256-6167**

**Samaritan Outreach Center (417) 257-7792**

# TRANSPORTATION SERVICES

## **West Plains Transit – City of West Plains**

303 E. Broadway St. West Plains, Mo. (417) 256-1241

The City of West Plains has three 16 passenger buses. Please call for fare and route information.

## **Health Tran – Howell County**

(844) 836-RIDE

Transportation to and from medical appointments are available on a referral basis through Health Tran – Howell County. Please call for additional information and program requirements.

## **Missouri Department of Social Services Non-Emergency Medical Transport/Medicaid Transport**

(866) 269-5927

Please call for program requirements and specific information for the West Plains area.

**\*\* There are several rental car companies in the West Plains area. Please Google “rental car companies” for a complete list. \*\***

# MEDICAL/REHABILITATION PROVIDERS

## **Ozarks Medical Center**

1110 Kentucky Ave. West Plains, Mo. (417) 256-9111

For a complete list of services, assistance finding a physician, or for more information, please call or go to <http://www.ozarksmedicalcenter.com/>

## **Burton Creek Medical**

Burton Creek has several providers with different specialties. For more information, please call (417) 256-2111

## **Southern Missouri Community Health Center**

1137 Independence Dr. West Plains, Mo. (417) 255-8464

## **Howell County Health Department**

Our health department offers vaccinations, women’s health services, and many other specific services. For more information, please call (417) 256-7078 or go to

<http://howellcountyhealthdepartment.com/>



**West Plains Christian Clinic**

1115 Alaska Ave. West Plains, Mo. (417) 256-9722

Free medical and medication services are available to those without insurance or Medicaid/Medicare coverage. Income guidelines do apply. Applicants must go by the clinic on Tuesdays and Thursdays between 9:00 AM and 11:00 AM to pick up and complete the necessary applications. Medical services are provided two events per month by volunteer medical staff.

**Mercy Health Systems**

Mercy Hospital in Springfield, Missouri, has several locations in the area. For more information, please call (417) 820-2000 or go to <https://www.mercy.net/practice/mercy-hospital-springfield/>

**Cox Health Systems**

Cox Hospital in Springfield, Missouri, has several providers in the area. For more information, please call (417) 269-INFO or go to <https://www.coxhealth.com/>

**Children's Hospital at University Hospital – Columbia, Mo.**

Clinic Information – (517) 882-7000

General Pediatrics – (417) 882-4730

Behavioral Health Services – (517) 882-8008

**Bureau of Special Health Care Needs – Department of Health and Human Services**

For more information on specific services offered, please call (417) 895-6900

**Riverways Hospice**

114 E. Main West Plains, Mo. (417) 256-3133

Riverways Hospice, now under the umbrella of Ozarks Medical Center, offers multiple types of services depending on the needs of the client. For more information, please call (417) 256-3133 or go to <http://www.ozarksmedicalcenter.com/Our-Services/Home-Care/Ozarks-Medical-Center-Home-Care-Hospice.aspx>

**Turning Leave Adult Treatment**

1015 Lanton Rd. West Plains, Mo. (417) 256-2570

For adult drug and alcohol treatment services, please call (417) 256-2570 or go to

<http://www.fccinc.org/turningleaf>

**C-Star Treatment Services (Adolescent Treatment)**

3411 Division Dr. West Plains, Mo. (417) 257-9152

A variety of adolescent treatment services are available. For more information, please call (417) 257-9152 or go to <http://www.fccinc.org/services>

## **Dental Providers (Medicaid Accepted)**

**Southern Missouri Community Health Center**

1137 Independence Dr. West Plains, Mo. (417) 256-8464

Dental services are provided in the West Plains and Thayer locations. Please call for a list of providers in their clinic locations or go to <https://www.smchc.org/>

**Missouri Ozarks Community Health**

Ava (417) 683-4831

Gainesville (417) 679-2775

Mountain Grove (417) 926-1713

Cabool (417) 962-5422

Mansfield (417) 924-8809

Please call the specific clinic for more information.

## **VISION PROVIDERS**

**Dr. Anne C. Ream**

760 N. Kentucky Ave. West Plains, Mo. (417) 256-6171

**Dr. Scott Ream**

207 Chestnut Thayer, Mo. (417) 264-7418

**Dr. Julie Hart**

808 N. Kentucky West Plains, Mo. (417) 255-2010

**Vision Express**

1713 Gibson St. West Plains, Mo. (417) 256-8393

**Wal-Mart Vision Center**

1310 Preacher Roe West Plains, Mo. (417) 257-2807

If you need assistance in paying for a visual examination and/or eyeglasses, please contact the **Lion's Club** at 3417 Division Dr. #1 (Missouri Career Center) or (417) 3185 and ask for Scott Davis.